



# Dillbadin PRIMARY SCHOOL

*Growing through learning*



## INSIDE, WE ALSO TALK ABOUT:

Nights of Reading

Wellbeing

Award winners

Important Dates

## From Our Principal

*Penelope Harris*

What a wonderful week we have had at Dillbadin Primary School.

We were delighted to host our Mother's Day Stall and Mother's Day / Special Persons Afternoon Tea. The scones with jam and cream were a real highlight and thoroughly enjoyed by all who attended.

It was a special opportunity to welcome families into our school community and celebrate the important people in our students' lives. I hope all mothers—and those who fulfil a mothering role in our children's lives—enjoyed the carefully selected gifts from the stall.

A sincere thank you to Bec for her organisation and for preparing the gift packs that enabled our students to have such a positive shopping experience.



### Curriculum Day

We have a curriculum day scheduled for Wednesday, 17th June – no students will be at school that day.

## **Grandparents Day**

Looking ahead, we have another busy and exciting week. On Monday, we celebrate Grandparents Day.

There is nothing we enjoy more than opening our classrooms and showcasing what learning looks like at Dillbadin Primary School. It is always a highlight of our calendar, and we know how much students value sharing their learning with their wider family.

I am sure visitors will once again experience the warm and engaging learning environment that our school is so proud of.

## **Special Lunches**

We are also pleased to have our special lunch returning next week, with sausages in bread—a firm favourite among students. Halal and vegetarian options will, as always, be available to ensure all students can participate.

## **Book Fair**

The Scholastic Book Fair will continue until mid next week. Students are welcome to make purchases before or after school.

A big thank you to Julie for her ongoing work in organising and running this opportunity for our students.

Through book fair sales, the school receives commission, which is reinvested directly into new books for our library—something that continues to be highly valued by our students and staff.

## **Walk to School Day**

Finally, please keep an eye out for information next week regarding Walk to School Day, which will take place on Friday, 22nd May.

## **Foundation 2027 Enrolments**

Enrolments for Prep students for 2027 have now opened. If a student has a younger sibling who will be attending Dillbadin Primary School in 2027, now is the time to submit your online enrolment.

Please visit the following VicStudents Portal to complete the online enrolment process and ensure all required documents are attached to your enrolment.

<https://students.educationapps.vic.gov.au/s/>

Foundation 2027 Information Packs can be collected from the office and include information on the transition sessions that will be run in Term 4.

We look forward to another engaging and connected week ahead. We would also like to wish all mothers, grandmothers, carers, and special people who play a nurturing role in the lives of our students a very happy Mother's Day on Sunday.

*Penelope*

PLEASE JOIN US FOR

# GRANDPARENTS' SPECIAL FRIENDS' DAY

MONDAY 11<sup>TH</sup> MAY

The event begins at 12:20 pm, when students and guests will have lunch together.

From 12:50 to 1:50 pm, guests are welcome to visit classrooms for activities or attend the book fair.





# **Dillbadin**

## **PRIMARY SCHOOL**

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# Nights of Reading Awards

## 25 Nights

Ivy		
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## 50 Nights

Kris	William	Meilah
Elijah	Samip	Sebastian
Ayan		



# Wellbeing Wrap Up

Nick Jones – Assistant Principal

## The 3, 2, 1 Wind Down

Helping primary aged children sleep well, learn well

As Term 2 deepens and the days get shorter, sleep can quietly slip down the priority list at home. For primary aged children, consistent sleep is one of the strongest predictors of how they learn, regulate emotions and manage friendships at school. This term, we are encouraging Dillbadin families to try the simple 3, 2, 1 Wind Down at home for two weeks. Three hours before bed, finish heavier meals. Two hours before, finish busy play. One hour before, screens away and bodies winding down. Small, consistent shifts add up, and we look forward to seeing well rested, ready to learn students each morning.

### How the 3, 2, 1 Wind Down works

- **3 hours before bed:** finish heavier meals and sugary drinks.
- **2 hours before bed:** wrap up screen-based games and high energy play. Switch to calmer activities.
- **1 hour before bed:** screens off and stowed out of the bedroom. Dim lights, soft voices, books, drawing, a warm shower or chat about the day.

### Recommended sleep for school aged children

Children aged 5 to 13 generally need **9 to 11 hours of sleep each night** (Australian Department of Health guidance). Working back from a 7:00am wake up, that means lights out between 7:30pm and 9:30pm depending on your child.

#### Wind down checklist

- Quick tidy of school bag and uniform for tomorrow
- Shower or bath, teeth, pyjamas
- Screens away (consider charging phones and tablets in the kitchen)
- Calm time: reading, drawing, chat, audiobook or gentle music
- Lights low, curtains closed, room cool and quiet

### If bedtime is tricky

Keep wake up times consistent, even on weekends. Body clocks settle quickly with routine. Avoid using bedtime as a punishment, and the bed for screen time, so the bedroom stays a calm place.

If worries pop up at night, try the Worry Window technique (see our family resource).



# Star Student Awards

## JUNIOR

Sebastian for working hard to follow instructions this week. Keep it up!

## MIDDLE

Ayan for making huge improvements with his addition and subtraction skills.

## SENIOR

Mason for an amazing job all week avoiding distractions. Your information report is looking great.



# Star Student Awards





# Specialist Star Awards

**MRS  
BLAKE**

STEM:  
Charlie for doing his best work in Art.

**MISS D**

Performing Arts:  
Ivy for being a fantastic participant in acting activities!

**MR  
JONES**

Auslan:  
Rohaam for demonstrating his personal best consistently in Auslan and PE.



# Specialist Star Awards





# School Wide Positive Behaviour



Our students earned 5 cockatoos over the past week, representing **500** acknowledgements of positive behaviour. Amazing work, everyone!



# Important Dates

Date	Event
Every Friday	3:00pm School Assembly
Every 2 <sup>nd</sup> Thursday: 30 <sup>th</sup> April 14 <sup>th</sup> May 28 <sup>th</sup> May 11 <sup>th</sup> June 25 <sup>th</sup> June	Special Lunch Days
Thursday 7 <sup>th</sup> May – Wednesday 13 <sup>th</sup> May	Book Fair
Monday 11 <sup>th</sup> May	Grandparent's Day
Monday 18 <sup>th</sup> May	Education Week starts
Friday 22 <sup>nd</sup> May	Walk to School Day
Monday 8 <sup>th</sup> June	King's Birthday Public Holiday
Tuesday 9 <sup>th</sup> June	School Council
Wednesday 17 <sup>th</sup> June	Curriculum Day
Friday 26 <sup>th</sup> June	Last Day of Term 2 – 2.30pm finish

# Mother's Day

MORNING TEA + KIDS CRAFT

Celebrate Mother's day! Join us at Boronia Library for a special morning tea that brings mums, grandmas, kids and families together.

**Sat 9 May**  
**10:30 - 12:30pm**

**Sitting 1:**

10:30am to 11:00am

**Sitting 2:**

11:15am to 11:45am



**Boronia Library**  
**Park Crescent**  
**Boronia**



YOUR LIBRARY



Knox City Council



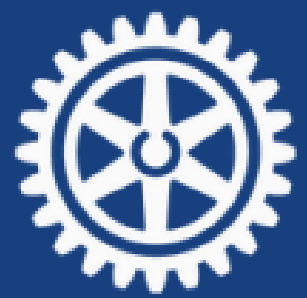
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or call 9800 6488



# Rotary

## Club of Boronia



The Rotary Club of Boronia  
warmly invites you to join us for our

### **INFORMATION NIGHT**

Join us for a relaxed and friendly evening to discover how you can make a difference, meet great people, and be part of something meaningful in the Community and Globally.

**Tuesday 26th May 2026**

**The Knox Club**

**6.30pm - 8.30pm**

**RSVP 25.05.2026**

[secretary@rotaryboronia.org.au](mailto:secretary@rotaryboronia.org.au)



[rotaryboronia.org.au](http://rotaryboronia.org.au)



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# Tuning in to Kids

Emotionally intelligent parenting  
for parents of primary school aged children

## Would you like tips and strategies to:

- Better communicate with your child?
- Help your child learn to manage their emotions and deal with conflict?
- Manage challenging behaviours?
- Parent anxious children?

## Children with emotional intelligence:

- Have greater success with making and keeping friends
- Show improved concentration at school
- Have increased wellbeing

**Please note: this an interactive program via Zoom. Participants are expected to have cameras on and join from an appropriate setting.**

**When:** 6 afternoon sessions  
Friday 8<sup>th</sup> May - 12<sup>th</sup> June 2026

**Time:** 12:30 to 2:30pm

**Location:** Online via Zoom

**Cost:** Free of charge  
(bookings essential)

## Enquiries:

[sharon.muir@anglicarevic.org.au](mailto:sharon.muir@anglicarevic.org.au)

[Click here to book!](#)



**PARENTZONE**