



# Dillbadin

## PRIMARY SCHOOL

*Growing through learning*



### **INSIDE, WE ALSO TALK ABOUT:**

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Nights of Reading

Wellbeing

Award winners

Important Dates

## *From Our Principal*

*Penelope Harris*

We have had a great week at school, and it continues to be a privilege to work alongside such a positive and committed community. I am very proud to be part of this school, and our students have been fantastic in their engagement and efforts.

Attendance is also improving, and I would like to sincerely thank families for their ongoing support in ensuring students are at school and arriving on time. This consistency is making a real difference to learning and routines across the school.

You may notice a change to our bell system from next week. We have observed that students are responding to the bell, but not always to the 3 minutes of music beforehand. To support this, we will trial a revised structure: a bell, followed by 3 minutes of music, then a second bell.

This will help ensure students are aware of transitions and have time to attend to needs such as going to the toilet, getting a drink, or washing hands, while still arriving on time for line-up. The final bell will clearly signal the end of transition time, helping to reduce transition delays and maximise learning time in classrooms.

Fingers crossed this helps!

## **New School Beanies Now Available**

We are excited to introduce our new school beanies, now officially part of the school uniform. As the colder weather arrives, students are encouraged to wear their beanies to help keep warm during outdoor activities and play times.

Beanies are available for purchase from the school office.

Please ensure all beanies are clearly named to help prevent items from being misplaced.

We thank families for their ongoing support with school Uniform.



## **Learning About Community Helpers**

Our Junior and Middle classes recently enjoyed a visit from Nurse Tonia as part of their learning about community helpers. Students learnt about the important role nurses play in our community and the many ways they help care for others.

During the visit, students explored some basic first aid skills and discussed how to respond safely when someone is hurt or unwell. They were highly engaged in the hands-on activities and enjoyed asking questions about Nurse Tonia's job and responsibilities.

We thank Nurse Tonia for taking the time to visit our students and provide such a valuable and engaging learning experience.



## **Community Pantry**

We are so pleased to be able to offer support to all families through our Community Pantry. It has been wonderful to see students and families accessing items to take home or enjoy on the way home from school.

Our pantry is built on the values of care, kindness and community, and we are proud to be able to support one another in this way.

Recently, however, there has been an increase in rubbish being left in the local community, particularly around the Tormore Reserve park along Penrith Street. We kindly ask families to speak with their children about disposing of rubbish responsibly and helping to keep our local area clean and welcoming for everyone.

Please continue to take what you need from the pantry, while also remembering that we all share a responsibility to care for our community and environment.

## **Thank You for Supporting Our “No Toys at School” Expectation**

Thank you to all families for supporting our “No Toys at School” rule. Your help has made a big difference across the school.

We have noticed students are more focused in class and there are fewer distractions in both the classroom and playground. This is helping students stay engaged in their learning and with each other.

Thank you again for your continued partnership and support.

*Penelope*





# The importance of Reading

At Dillbadin Primary School, we recognise that a child's journey toward becoming a confident and capable reader begins well before they start school. While children develop at different rates, reading growth generally follows a series of stages, from early awareness of print and sounds, through to fluent reading, deeper understanding, and eventually using reading to explore new ideas and perspectives.

From Prep onwards, students are supported to see reading and writing as both meaningful and enjoyable. Each day, they take part in structured literacy lessons in which they learn how the sounds of the letters and letter patterns we use to write words. Students practise blending sounds together to read words and breaking words apart to support spelling. They also engage with quality texts to build comprehension skills, expand vocabulary, and think more deeply about what they read.

Reading practice at home plays an important role in this learning journey. Regular reading helps children develop confidence, fluency, and to grow a genuine enjoyment of books. We encourage families to make home reading a calm, positive routine – a shared time to connect, talk about stories, and model reading behaviours.



Parents and carers can support their child's reading development in simple, practical ways. This might include listening to their child read aloud, talking about the story and asking questions such as "What do you think will happen next?" or "Why do you think that character did that?", and reading to their child to model fluency and expression. Even short daily interactions with books, library visits, or discussing stories together can make a significant difference over time.

It can also be a valuable opportunity to step away from screens, slow down, and focus on a single activity together. Short, consistent reading sessions are more effective than occasional longer ones, particularly for developing readers.

While most children become competent readers by around the age of 10, the real goal is to foster a lifelong love of reading. The habits and attitudes developed early at home and at school play a significant role in whether reading becomes not just a skill, but an enjoyable part of everyday life.





# WHY READING MATTERS



## BUILDS STRONG BRAINS

Reading helps children develop vocabulary, improve memory and strengthen concentration.



## IMPROVES LEARNING

Good readers understand more, write better and feel more confident in all areas of learning.



## SUPPORTS WELLBEING

Stories help reduce stress, build empathy and allow children to explore and understand the world.



## DEVELOPS COMMUNICATION

Reading together sparks conversations, builds listening skills and helps children express their ideas.



## BUILDS A BRIGHTER FUTURE

Children who read regularly at home achieve more, dream bigger and have more opportunities.

 Reading at home every day helps children grow, learn and succeed – **now** and in the future. 



# 15 MINUTES PER DAY

**MAKES A BIG DIFFERENCE!**

## IT CAN BE DONE ANY TIME!



### STRAIGHT AFTER SCHOOL

A great way to unwind and relax after a busy day.




### ONCE IN BED

A calm, quiet time to share stories and end the day together.



### IN THE MORNING



Start the day with a story and a positive mindset. 



# READING *at* HOME

*Small moments. Big impact.* 



 Thank you for making reading at home a priority. *It truly makes a difference!* 



# Winter Walk to School

Our recent Walk to School Day was a fantastic success, with a wonderful turnout of students and families joining in! It was great to see so many students enjoying the fresh air, chatting with friends, and starting the school day in a healthy and positive way.

Due to the high level of participation and enthusiasm, we are excited to continue our Winter Walk to School events every fortnight throughout the term.

A huge thank you goes to Miss D, who has done an amazing job organising and leading this initiative. Her energy and commitment have made the walks fun, inclusive, and something students are really looking forward to each fortnight.

To make it easy for everyone to participate, there are a couple of meeting points and times along the route. Families can choose how far they would like to walk and what time they would like to join in. Whether students walk the whole way or just part of the route, every step counts!

Parents and carers are also warmly invited to join the walk. If mornings are busy, families are welcome to simply drop students off at one of the meeting points and enjoy a little free time while we walk the rest of the way to school together.

We are so proud of our students for embracing this healthy and active initiative and look forward to seeing even more families join us at our next walk!





# DILLBADIN WINTER WALK TO SCHOOL!

**FRIDAY 5<sup>TH</sup> JUNE**  
.....  
**FRIDAY 19<sup>TH</sup> JUNE**

Fresh air. Friendly chats. Start the day strong.



MEET US AT  
**8:20AM**

**Genista Reserve**

Let's walk together!



MEET US AT  
**8:30AM**

**Woolworths**

Join us for the rest of the walk!



MEET US AGAIN AT  
**8:40AM**

**Genista Reserve**

See you on the way back!



Walk to school, get **stamps** and earn a **prize!**

HEALTHY KIDS, HAPPY KIDS!



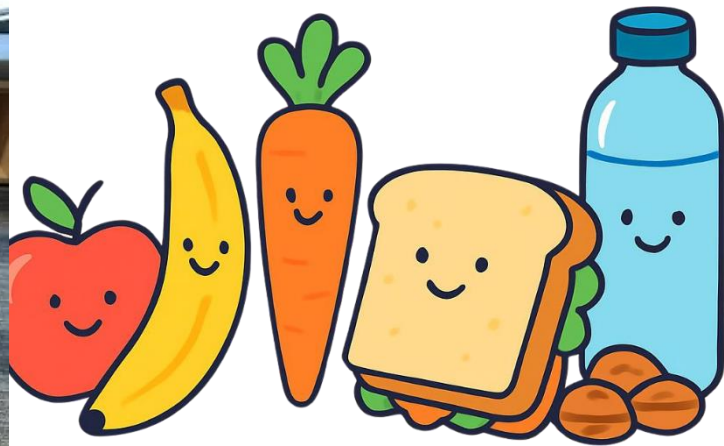
# Nude Food Competition

The Senior Class has recently launched a “Nude Food” competition to encourage students to reduce waste and become more environmentally responsible. Students are aiming to bring lunches with little to no disposable packaging by using reusable containers, wraps, and drink bottles instead.

This initiative helps students understand the impact everyday choices can have on the environment. Australians produce millions of tonnes of plastic waste each year, with a large amount coming from food packaging. School lunchboxes often contain single-use wrappers and plastic bags that quickly end up in landfills.

The Senior Class has embraced the challenge with enthusiasm, bringing package-free fruit, reusable containers, and homemade snacks. It has been fantastic to see students working together to make more sustainable choices and care for the environment.

We are very proud of the students for taking positive action and showing that even small changes can make a big difference.



# SENIOR CLASS

# NUDE FOOD

# COMPETITION



- Reduce waste
- Choose reusable
- Care for our planet



- Bring package-free fruit & snacks
- Use reusable containers, wraps & bottles



- Millions of tonnes of plastic waste are produced in Australia each year
- Food packaging is a major contributor



- Small changes make a big difference
- Together we can create a better future

CHOOSE TO  
**REUSE**  
CHOOSE TO  
**CARE**



LESS WASTE. MORE IMPACT.  
TOGETHER WE CAN! 



BRING  
PACKAGE-FREE  
FOOD



USE REUSABLE  
CONTAINERS  
& WRAPS



CHOOSE  
REUSABLE  
DRINK BOTTLES



CARE FOR OUR  
ENVIRONMENT



# Dillbadin

## PRIMARY SCHOOL

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25 Tormore Road Boronia



# Nights of Reading Awards

## 25 Nights

Rhain

Zayan



# Wellbeing Wrap Up

Nick Jones – Assistant Principal

## The Worry Window

A simple way to help children manage worries at home

Many children carry worries that quietly grow when they have nowhere to land. As Mental Health and Wellbeing Leader, I often hear from parents asking how to help when their child is anxious before school, at bedtime, or after a tricky day.

The Worry Window is a simple, evidence informed strategy you can try at home. It gives worry a regular place to live (a daily ten minute window with a trusted adult), so it stops following your child around the rest of the day. The attached family guide includes how to set it up, what to say, and when to seek further support.

## What worry can look like

Worry in primary-aged children does not always sound like “I am worried.” It can look like sore tummies before school, big feelings at bedtime, clinginess, irritability, trouble sleeping, or asking the same question over and over.

## How to set up a Worry Window

- Pick a regular ten-minute slot each day, ideally not right before bed. After school snack time or before dinner often works.
- Sit somewhere comfortable, side by side rather than face to face if your child finds eye contact tricky.
- Invite them to share any worries. A worry jar or notebook can help children who find words hard.
- Listen first. Validate (“That makes sense”), then gently ask, “Is this a worry we can solve, or a worry we can park?”
- Close the window. “We will pop the rest in the worry jar until tomorrow.”

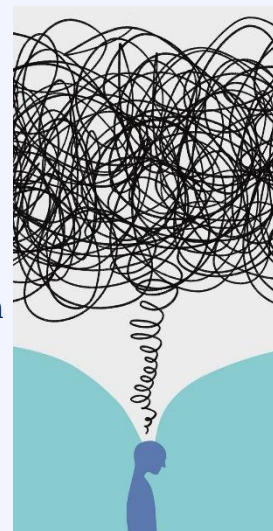
## Three conversation starters

- “What is one thing on your mind today, big or small?”
- “Is there anything you are not looking forward to tomorrow?”
- “If your worry had a size today, would it be a pebble, a rock or a boulder?”

## When to seek further support

Reach out for additional support if worries are interfering with sleep, school attendance, eating, friendships, or your child’s usual enjoyment of activities for more than two to three weeks.

- Your child’s classroom teacher (a great first step)
- The school Mental Health and Wellbeing Leader (Me – Mr Jones)
- Your GP, who can refer you to a psychologist under the Mental Health Treatment Plan
- Kids Helpline 1800 55 1800
- Parentline Victoria 13 22 89





# Star Student Awards

## JUNIOR

Kiara for bringing so much positivity to our classroom and being a great friend, well done!

## MIDDLE

Daniel for writing an incredible information report!

## SENIOR

Elijah for your brilliant job so far so on your writing task. Mr Simpson can't to hear your presentation when it is ready!



# Star Student Awards





# Specialist Star Awards

**MRS  
BLAKE**

Art:

Ruby for fantastic participation in Visual Arts and creating an excellent drawing using oil pastels.

**MISS D**

Performing Arts:

Ayva and Kris for showing exemplary teamwork skills when working with each other in PA.

**MR  
JONES**

Auslan:

Oliver for being respectful to students, staff and resources in Auslan and PE!



# Specialist Star Awards





# School Wide Positive Behaviour



Our students earned 3 cockatoos over the past week, representing **300** acknowledgements of positive behaviour. Amazing work, everyone!



# Important Dates

Date	Event
Every Friday	3:00pm School Assembly
Every 2 <sup>nd</sup> Thursday: 30 <sup>th</sup> April 14 <sup>th</sup> May 28 <sup>th</sup> May 11 <sup>th</sup> June 25 <sup>th</sup> June	Special Lunch Days
Friday 5 <sup>th</sup> June	Winter Walk to School NEW!!!
Monday 8 <sup>th</sup> June	King's Birthday Public Holiday
Tuesday 9 <sup>th</sup> June	School Council
Wednesday 17 <sup>th</sup> June	Curriculum Day
Friday 19 <sup>th</sup> June	Winter Walk to School NEW!!!
Friday 26 <sup>th</sup> June	Last Day of Term 2 – 2.30pm finish

COMMUNITY  
SPORTS  
CAMPS



COACH



## TWO DAY SCHOOL HOLIDAY AFL CAMPS!

Community Sports Camps are back these holidays! A great opportunity to improve skills, make new friends and most importantly have fun!

### Programs include

- ✓ 9am to 3pm each day
- ✓ Delivered by quality coaches
- ✓ Suitable for kids aged 4- 12 years
- ✓ One and Two Day Options available

## Locations

AFL @ Dobson Park - 6, 7  
July 2026

Netball @ Knox Regional  
Netball Centre - 2, 3 July  
2026

Contact Us 1300 914 368

[admin@australiansportscamps.com.au](mailto:admin@australiansportscamps.com.au)



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**one**

Early Education  
Group

# FAMILY FUN DAY

**Saturday 27 June 2026  
10am to 1pm**

The day will include:

- Animal Farm
- Face Painting
- Ballon Twister
- Jumping Castle
- Sausage Sizzle

65 Boronia Rd, Boronia





**one**

Early Education  
Group

# JOIN OUR FREE PLAYGROUP

Every Wednesday  
9:30am – 11am

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A playgroup for 0-5 years old.

**Contact us**

03 9989 3656

[director.boronia@onelearn.com.au](mailto:director.boronia@onelearn.com.au)

65 Boronia Rd, Boronia